### Cheryl A. S. Hurley

### Change Strategist, Speaker, Consultant, Life Coach, Author

# Empowered to Inspire YOU!

Cheryl Hurley is the CEO and Founder of Empowered to Inspire YOU, LLC, (www.empoweredtoinspireyou.com). She is a Life Coach and speaker, consultant and author. Cheryl is an expert in Business and Organizational Leadership, Executive Leadership Coaching for Senior Leaders, Personal Development Coaching, Strategy Building, and Personal Wellness. Most importantly, she is gifted in passionately promoting healing and transformation. She facilitates workshops with a vision to help people live their unique life on purpose and unapologetically with intentionality.

## SERVICES

**Cheryl A.S. Hurley** wholeheartedly embraces her life's mission. As a certified Life coach with a passion for tapping potential and maximizing prospects, she creates an open and safe space for clients to clarify intentions, expand possibilities and reach new heights. Cheryl coaches individuals to conquer their fears, achieve their dreams and realize their unique purpose despite the circumstances they may have faced.

This is accomplished through a three-step process where she empowers, inspires and cultivates individuals into firm and capable leaders. She displays strength of character in areas of administration and organizational communication, and at workshops/seminars, she never fails to impart positively. She combines honesty and empathy and attendees have repeatedly testified her coaching sessions are inspiring, energetic and transformative.

"I candidly recall being a classic human being with my very own struggles and stories to tell." She says, "My ongoing journey of personal discovery happened while on my committed journey of helping others. It took me several years to overcome depression and have a change in mindset and beliefs. I worked hard, sought the support of others and wholeheartedly embraced the hope that my struggles would result in something valuable to help others."

She conducts individual and group coaching and leads workshops throughout Philadelphia and the surrounding area.

### Bio

Cheryl A.S. Hurley has always been a positive influence on her family and friends alike. Seeing this as a gift mixed with passion, she decided to pursue a career as a Life Coach and was later certified at Life Purpose Coaching Centers International®.

With an educational background is in Social Work, she holds Director's Credential from Northampton Community College. Cheryl is a Certified Biblical Counselor, a Certified Prepare

and Enrich Trainer/Facilitator (PREP™), a Certified HIV Instructor and a Certified Addictions Counselor through the R.E.S.T. Philly Project with an emphasis in forensics.

She was licensed as a Minister in March 2003 and ordained in December 2005. In addition to that, she is completed certification at the Institute for Family Professionals (IFP), a training organization that provides a trauma-competent, professional development sanctuary for personal and professional growth.

She completed studies at Eastern University's Business and Organizational Leadership Program in May 2017. Her favorite Scripture: 'Now to Him, who is able to do exceedingly, abundantly above all that we ask or think, according to the power that works in us.' Ephesians 3:20

"The legacy that a woman leaves is the one she lives, breathes and walks."